

## First Aid at Work: Course Syllabus

Thank you for using Do-Cornwall as your First Aid Training provider, below you will find the Syllabus for your chosen course. Please note that variations in order may occur in order to cater to circumstances on the day. All of the day one syllabus will be referred to and further practiced during days two and three in order to solidly embed practical application of knowledge and understanding gained. Also facilitating further assessment opportunities for all candidates including those joining day two for the refresher. On completion of training, successful candidates should be able to demonstrate practical competence in and an understanding of:

### First Aid at Work Syllabus Day 1

- Roles and Responsibilities of the First-Aider,
- Use of available equipment;
- Assessing the situation and circumstances in order to act safely, promptly and effectively in an emergency;
- Administration of First Aid to a casualty who is unconscious (including seizure);
- Administration of cardiopulmonary resuscitation; (Including AED)
- Administration of First Aid to a casualty who is choking;
- Shock

### First Aid at Work Syllabus Day 2

- Minor injuries (including small cuts, burns, scalds and splinters)
- Injuries to bones, muscles and joints, including suspected spinal injuries;
- Administration of First Aid to a casualty who is wounded and bleeding;
- Catastrophic Bleeding (Haemostatic Dressings and Tourniquet)
- Chest injuries;
- Burns and scalds;

### First Aid at Work Syllabus Day 3

- Eye injuries;
- Sudden poisoning;
- Anaphylactic shock
- Recognise the presence of major illness and provide appropriate first aid (including heart attack, stroke, epilepsy, asthma, diabetes).
- Monitoring a Casualty
- In house procedures and locations

Other topics may arise through discussions or candidate questions and experiences, these will be pursued where it is practical to do so with regard to time and required syllabus.